

# B-Complex Tablets



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

SKY PREMIUM LIFE

## Pack size

60

## RRP

£7.99

## Legal Status



## Uses



## Format and Ingredients and %NRV

Tablet containing:

Vitamin B1 (thiamin) 3.75mg 341, Vitamin B2 (riboflavin)  
4.2mg 300, Niacin (vitamin B3) 48mg 300, Vitamin B6 4.2mg  
300, Vitamin B12 2.5mcg 100, Folic Acid 200mcg 100,  
Pantothenic Acid 18mg 300, Biotin 50mcg 100, Inositol 10mg,  
Choline Salicylate 20mg,



## Dosage

Adults: 1 tablet daily after a meal.