

# Kalms Lavender One-A-Day



## Category

Sleep and Travel

## Manufacturer

G R LANE HEALTH  
PRODUCTS LTD

## Pack size

14

## RRP

£8.20

## Legal Status

(GSL)

## Uses

A traditional herbal medicinal product used for the temporary relief of the symptoms of mild anxiety such as stress and nervousness. Based on traditional use only.

## Format and Ingredients

Violet soft capsule containing:

Lavender oil (*Lavandula angustifolia* Miller, aetheroleum)  
80mg,

## Dosage

Over 18 years: 1 capsule daily with water. Under 18 years: not suitable.