

# Seven Seas Jointcare Supplex & Turmeric



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

PROCTER & GAMBLE  
HEALTH

## Pack size

30 capsules + 30 tablets

## RRP

£20.00

## Legal Status



## Uses



## Format and Ingredients and %NRV

Capsule containing;

Vitamin D 5µg 100, Vitamin C 30mg 37.5, Manganese 0.3mg  
15, Fish Oil 307mg, Omega-3 Nutrients 178mg, EPA 156mg,  
Glucosamine Sulphate 2KCl 240mg, Turmeric extract  
(Curcuma Longa L.) 85mg, Tablet containing:



## Dosage

Adults: 1 capsule and 1 tablet a day with a glass of cold water.