

Seven Seas Omega-3 Extra Strength



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

PROCTER & GAMBLE
HEALTH

Pack size

30

RRP

£11.99

Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Vitamin D 10µg 200, Fish Oil 1250mg, DHA 250mg, providing
Omega-3 Nutrients 750mg, Of which EPA 375mg,



Dosage

12 years and over: 1 capsule a day with a glass of water.