

# Pro Plus Ultra



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

G R LANE HEALTH  
PRODUCTS LTD

## Pack size

10

## RRP

£7.27

## Legal Status



## Uses



## Format and Ingredients and %NRV

Capsule containing:

Vitamin B6 10mg 714, Vitamin B12 2.5µg 100, Caffeine  
89mg, Guarana Seeds Extract 50mg, providing Caffeine  
11mg, Ginseng Extract 40mg, Ashwagandha Extract 125mg,



## Dosage

1 capsule (100mg caffeine) a day. Not recommended for  
children or pregnant women. It is recommended that caffeine  
per day from all sources should not exceed 400mg.