

# Nicotinell Mint/Fruit 4mg Chewing Gum



**Category**  
Smoking Cessation  
**Manufacturer**  
HALEON PLC  
**Pack size**  
96  
**RRP**  
£21.27  
**Legal Status**  
(GSL)



## Uses

Relief of and/or prevention of cravings and nicotine withdrawal symptoms associated with tobacco dependence. To aid smokers wishing to quit or reduce prior to quitting. To assist smokers who are unwilling or unable to smoke, and as a safer alternative to smoking for smokers and those around them. Can be used in pregnant and lactating women making a quit attempt. Should preferably be used in conjunction with a behavioural support programme.  
For smokers of more than 30 cigarettes a day. For those smoking between 20-30 cigarettes a day either the 2mg or 4mg gum may be used depending on personal preference and characteristics.



## Format and Ingredients

Rectangular, off-white chewing gum with polished surface containing:  
  
Nicotine 4mg,



## Dosage

Adults and adolescents (12-18 years): 1 piece to be chewed when the urge to smoke is felt following the chewing technique on the pack. Normally 8-12 pieces per day. Maximum 15 pieces in 24 hours. After about 3 months the user should gradually cut down the number of pieces chewed until they have stopped using the product. Medical advice should be sought for use in adolescents beyond 12 weeks.