# Centrum MultiGummies - Energy Release



### Category

Vitamins, Minerals and **Nutritionals** Manufacturer HALEON PLC Pack size 30, 60 **RRP** 

£6.50, £13.99 Legal Status

# Uses



## Format and Ingredients and %NRV

Mixed berry flavoured multigummies containing per 2 gummies:

Vitamin D 10µg 200, Niacin 16mg 100, Vitamin B6 1.6mg 114, Vitamin B12 4µg 160, Biotin 24µg 48,



## Dosage

Adults: 2 gummies per day. Chew until fully dissolved. May be taken without food or water.

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