

# Vicks Sinex Micromist



**Category**  
Cough, Colds and Sore  
Throat  
**Manufacturer**  
PROCTER & GAMBLE  
HEALTH  
**Pack size**  
15ml  
**RRP**  
£5.00  
**Legal Status**  
(GSL)



## Uses

Symptomatic relief of congestion of the upper respiratory tract due to the common cold, hayfever or sinusitis.



## Format and Ingredients

Nasal pump spray containing:

Oxymetazoline hydrochloride 0.05%w/v



## Dosage

Over 12 years: 1-2 sprays into each nostril every 6-8 hours.  
Not to be used for periods of more than 7 consecutive days.  
Under 12 years: not to be used.