

# Nicorette QuickMist Mouthspray



## Category

Smoking Cessation

## Manufacturer

KENVUE

## Pack size

Freshmint, Cool Berry  
single, duo, SmartTrack

Freshmint single, duo,  
SmartTrack Cool Berry duo

## RRP

£22.29, £34.67, £22.41,  
£35.61, £33.53

## Legal Status

(GSL), (GSL), (GSL),  
(GSL), (GSL)



## Uses

Relieves and/or prevents cravings and nicotine withdrawal symptoms in nicotine dependence, such as those arising from the use of tobacco or electronic cigarettes. Indicated to aid quitting or reduction prior to quitting, to assist those who are unwilling or unable to use such products, and as a safer alternative to smoking tobacco for smokers and those around them. It is indicated in pregnant and lactating women making a quit attempt.



## Format and Ingredients

Oromucosal spray containing in one spray/dose:

Nicotine 1mg,



## Dosage

Over 12 years of age: The patient should make every effort to stop smoking or vaping completely during treatment with Nicorette QuickMist. One or two sprays used when normally would smoke or vape or if cravings emerge. Maximum dose of 4 sprays per hour, not exceeding 2 sprays per dosing episode, and 64 sprays in any 24-hour period. Nicorette QuickMist should be used whenever the urge to smoke or vape is felt or to prevent cravings in situations where these are likely to occur. Patients able to stop smoking/vaping immediately should initially replace all their cigarettes/e-cigarettes with the Nicorette QuickMist and as soon as they are able, reduce the number of sprays used until they have stopped completely. Patients aiming to reduce cigarettes/e-cigarettes should use the mouthspray between smoking/vaping episodes, as needed, to prolong smoke/vape-free intervals and to reduce their use as much as possible. As soon as they are ready patients should aim to quit smoking/vaping completely.

Also available: Nicorette QuickMist SmartTrack.