

# Zest Active



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

REVIVE ACTIVE

## Pack size

7, 30

## RRP

£8.95, £29.95

## Legal Status

,

## Uses

## Format and Ingredients and %NRV

Sachet containing:

Bakers Yeast Extract 250mg, Taurine 1000mg, L-Glutamine 1000mg, L-Lysine 1000mg, L-Theanine 100mg, Choline 50mg, Vitamin D3 10µg/400IU 200, Vitamin E 18mg 150, Vitamin K2 75µg 100, Vitamin C 250mg 313, Thiamine 1.1mg 100, Riboflavin 2.8mg 200, Niacin 24mg 150, Vitamin B6 4.2mg 300, Folic Acid 300µg 150, Vitamin B12 2.5µg 100, Biotin 150µg 300, Pantothenic Acid 12mg 200, Magnesium 57mg 15, Zinc 7.5mg 75, Copper 200µg 20, Manganese 2mg 100, Selenium 55µg 100, Chromium 50µg 150,

## Dosage

1 sachet per day dissolved in 250-300ml water. Take in the morning on an empty stomach. Recommended for ages 18 years and over.