

# Rescue Peaceful Night Capsules



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

A NELSON & CO LTD

## Pack size

30

## RRP

£15.95

## Legal Status

## Uses

## Format and Ingredients and %NRV

Capsule containing:

Ashwagandha root extract 50mg, equivalent to Ashwagandha root 600mg, Lemon Balm leaf extract 15mg, equivalent to Lemon Balm leaves 45mg, Chamomile flower extract 50mg, equivalent to Chamomile flowers 200mg, Magnesium 56.5mg 15, Vitamin B6 1.4mg 100, Rescue night flower essences,

## Dosage

Over 12 years: 1 capsule before bedtime.