

# Centrum Fruity Chewables



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

HALEON PLC

## Pack size

30

## RRP

£6.99

## Legal Status



## Uses



## Format and Ingredients and %NRV

Two chewable tablets contain:

Vitamin A 660µg 83, Vitamin D 6µg 120, Vitamin E 10mg 83,  
Vitamin C 100mg 125, Vitamin K 20µg 27, Vitamin B1  
(thiamin) 1mg 91, Vitamin B2 (riboflavin) 1mg 71, Vitamin B6  
1mg 71, Vitamin B12 2µg 80, Folic Acid 400µg 200, Biotin  
100µg 200, Niacin 10mg 63, Pantothenic Acid 5mg 83, Iron  
9mg 64, Magnesium 80mg 21, Manganese 1mg 50, Selenium  
25µg 45, Zinc 5.6mg 56,



## Dosage

2 tablets chewed daily, preferably at mealtimes. Do not  
swallow whole.