

# Mintec



## Category

Antacids and  
Gastrointestinal

## Manufacturer

ALMIRALL LTD

## Pack size

84

## RRP

£12.66

## Legal Status

(GSL)

## Uses

Symptomatic relief of irritable bowel or spastic colon syndrome.

## Format and Ingredients

Capsule containing:

Peppermint Oil 0.2ml,

## Dosage

Adults: 1 capsule orally 3 times a day, preferably before meals with a small quantity of water, but not immediately after food. The capsules must not be broken or chewed. When symptoms are more severe, the dose may be increased to 2 capsules 3 times a day. The capsules should be taken until symptoms resolve, but may be continued for up to 2 to 3 months.

Children: not recommended.