

# Seven Seas Jointcare Active



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

PROCTER & GAMBLE  
HEALTH

## Pack size

30, 60

## RRP

£14.00, £20.00

## Legal Status

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## Uses

## Format and Ingredients and %NRV

Capsule containing:

Vitamin D 10µg 200, Vitamin C 60mg 75, Zinc 4mg 40,  
Manganese 2mg 100, Glucosamine Sulphate 2KCl 660mg,  
Chondroitin Sulphate 27mg, Fish Oil 614mg, providing  
Omega-3 Nutrients 356mg, Of which EPA, With DHA 312mg,

## Dosage

12 years and over: 2 capsules per day with a glass of cold  
water.