

Pregnacare Plus Omega-3



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

VITABIOTICS LTD

Pack size

2 x 28

RRP

£14.95

Legal Status



Uses



Format and Ingredients and %NRV

Tablet containing:

Vitamin D (as D3 400 IU) 10µg 200, Vitamin E 4mg ?-TE 33,
Vitamin K 70µg 93, Vitamin C 70mg 88, Thiamin (vitamin B1)
3mg 273, Riboflavin (vitamin B2) 2mg 143, Niacin (vitamin
B3) 20mg NE 125, Vitamin B6 10mg 714, Folic Acid 400µg
200, Vitamin B12 6µg 240, Biotin 150µg 300, Pantothenic
Acid 6mg 100, Iron 17mg 121, Magnesium 150mg 40, Zinc
15mg 150, Iodine 150µg 100, Copper 1000µg 100, Selenium
30µg 55, Beta-carotene (natural source) 2mg, Capsule
containing: Omega-3 Fish Oil 600mg, providing DHA 300mg,
EPA 60mg,



Dosage

Adults: 1 tablet and 1 capsule per day with a main meal.