

# Berocca Immuno Effervescent Tablets



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

BAYER PLC

## Pack size

15, 30

## RRP

£8.29, £14.29

## Legal Status

(GSL), (GSL)

## Uses

## Format and Ingredients and %NRV

Effervescent tablet containing:

Vitamin A 700µg RE 87.5, Vitamin D 10µg 200, Vitamin E 45mg  $\alpha$ -TE 375, Vitamin B6 6.5mg 464, Folic Acid 400µg 200, Vitamin B12 9.6µg 384, Vitamin C 1000mg 1250, Iron 5mg 36, Copper 0.9mg 90, Zinc 10mg 100, Selenium 110µg 200,

## Dosage

12 years and over: 1 tablet per day dissolved in a glass of water. Not recommended for those under 12 years or pregnant or breastfeeding women. Not suitable for people with iron absorption or kidney problems. Not suitable for vegetarians or vegans.