# Boost Vitamin B12 Oral Spray



### Category

£12.45

**Legal Status** 

Vitamins, Minerals and **Nutritionals** Manufacturer **BETTERYOU LTD** Pack size 25ml RRP





## Format and Ingredients and %NRV

Spray containing:

Vitamin B12 1200µg, Chromium 40µg, Green Tea Extract 0.5mg,



## Dosage

4 sprays daily (or as directed by a healthcare practitioner). Can be taken together or separately. Can be taken at any time of the day and does not need to be taken with food or water.

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