

NiQuitin Clear 21mg,14mg, 7mg Patch



Category

Smoking Cessation

Manufacturer

PERRIGO

Pack size

7 Patches (Step 1, Step 2 and Step 3, 14 Patches (Step 1 and Step 2)

RRP

£17.99, £29.44

Legal Status

(GSL), (GSL)



Uses

Relief/prevention of craving and nicotine withdrawal symptoms associated with tobacco dependence. An aid to smokers wishing to quit or reduce prior to quitting. To assist smokers unwilling or unable to smoke and as a safer alternative to smoking for smokers and those around them. Indicated in pregnant and lactating women making a quit attempt. If possible use in conjunction with behavioural support.



Format and Ingredients

Transdermal clear patch in 3 strengths delivering over 24 hours:

NiQuitin Clear 21mg (Step 1) 114mg nicotine per 22cm²,
NiQuitin Clear 14mg (Step 2) 78mg nicotine per 15cm²,
NiQuitin Clear 7mg (Step 3) 36mg nicotine per 7cm²,



Dosage

Abrupt cessation: Adult smokers 18 years or over: 10 or more cigarettes a day, start with Step 1 for 6 weeks, then continue with Step 2 for 2 weeks, then finish with Step 3 for 2 weeks. Less than 10 cigarettes, start with Step 2 for 6 weeks, then finish with Step 3 for 2 weeks. Treatment may be continued beyond 10 weeks if needed to stay smoke-free. However those having difficulty discontinuing patches should seek professional advice. **Gradual cessation:** use 21mg patch daily for 2-4 weeks and continue to smoke as needed. After 2-4 weeks quit smoking completely and use the 21mg patch for 6 weeks, then step 2 and 3 as for abrupt cessation. **Reduction in smoking:** use patches and continue to smoke as needed, reducing the number of cigarettes as far as possible. If using patches regularly after 6 months seek professional advice. **Temporary abstinence:** use patch to control withdrawal symptoms when smoking is being avoided. If using patches regularly after 6 months seek professional advice. Apply patch to clean skin site once a day, preferably on waking. Remove patch after 24 hours and apply new patch to fresh skin site. Patches may be removed before going to bed if desired. Only one patch to be worn at a time. See pack leaflet for further information. **Adolescents (12-17 years):** follow adult schedule for abrupt cessation. If unable to stop abruptly professional advice should be sought. **Children:** not recommended.