

# Lift Fast Acting Glucose Chews



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

VENTURE LIFE GROUP

## Pack size

50, 50

## RRP

£1.25, £3.50

## Legal Status

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## Uses

## Format and Ingredients and %NRV

Chew containing:

92% Dextrose monohydrate, containing 3.7g of glucose  
(dextrose) 3.7g,

## Dosage

1-3 chewable tablets 10-15 minutes prior to any high energy activity (e.g. running or gym sessions), that will last 30 minutes or longer. For diabetics, the chews can be used to help manage blood sugar levels and hypos. Available in Blueberry Burst, Zesty Lemon & Lime, Juicy Raspberry and Tangy Orange. Also available in shots containing 15g of glucose in Very Berry and Zesty Lemon, Lime, Strawberry & Lime and Fruity Tropical flavours.